

HARRY O'NEILL MEMORIAL 5K

Saturday, June 14, 2008 @ 9:30 AM

Three years ago on June 30th, 2005, the Herricks Community tragically lost a beloved teacher, coach and friend. Harry O'Neill, a beloved member of this community for over 28 years shared his unique zest for life each day. Harry O, as he was affectionately called, was involved in numerous aspects of the community from coaching Herricks' Cross Country for over 25 years or his nephew's little league team or working at the town pool. He was a man who left an indelible impression on each person he touched.

PROCEEDS WILL HELP A MEMORIAL SCHOLARSHIP AND TO ASSIST HERRICKS' ATHLETICS

Please note the day's schedule:

- 9:00 AM Race Day Registration Closes
- 9:00 AM Children's Fun Run
- 9:30 AM 5K RUN

All events begin and end at Herricks HS. Children's Fun Run will be a 1/4 mile on the track. 5K Run through the scenic tree lined streets of Herricks. Speeches, a BBQ, and award presentations will follow.

Awards

Top 5 Men and Women in the 5k and age groups.
All participants in the Fun Run.



STOP IN OR MAIL COMPLETED REGISTRATION TO:
HERRICKS HIGH SCHOOL
ATTN: Joan Keegan
100 Shelter Rock Road, NHP, NY 11040
●For further information/questions email Oneill5k@gmail.com or call 516-248-3148
●Visit www.harryoneill5k.com
●Register online at www.FLRRT.com

REGISTRATION:

T-shirts To All EARLY Registrants
EARLY REGISTRATION by June 8, 2008
\$ 5.00 Fun Run / \$ 15.00 5K Run
After June 8, 2008
\$ 5.00 Fun Run / \$ 20.00 5K Run
(Checks payable to Harry O'Neill 5k)

Timed by:
Finish Line Road Race Technicians
www.FLRRT.com

----- CUT HERE -----

In consideration of your accepting this ENTRY, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages that I may have against the sponsors, coordinating groups and individuals associated with the event, their representatives, successors and assigns and will hold them harmless for any and all injuries suffered in connection with said event.

PLEASE PRINT LEGIBLY

Graduate HHS/Class of _____

CIRCLE ONE: Fun Run 5K Run **CHECK ONE:** Male _____ Female _____

Name _____ Age _____ **Shirt Sizes -Early Registrants Only**
Signature _____ Phone # _____ **Youth**
E-Mail _____ **L**
Address _____ State/Town _____ Zip _____ **S**
M
L
XL

*****RACE DAY REGISTRATION FROM 7:30-9:00 AM ONLY!!!!*****